



PRESTON'S STEAKHOUSE OFFERS SCOTTSDALE'S ONLY TASTE OF AN AMERICAN CULINARY CLASSIC

Preston's Steakhouse is the only restaurant in Scottsdale where guests can enjoy an authentic Delmonico steak – an American culinary classic – prepared according to Chef Charles Ranhofer's original recipe first served at Manhattan's famed Delmonico Hotel in the 1840's.

Ranhofer is considered the father of American cuisine, and his culinary creations continue to inspire chefs around the world. But, according to Charles Schwerd, executive chef and owner of Preston's Steakhouse, chefs and butchers have disagreed for decades about how to prepare the original Delmonico steak. Today, Delmonico can refer to a wide variety of beef cuts and preparations that vary regionally.

"Everyone I'd ask about the steak would give me a different answer," Schwerd says. "They all had their own take on the dish and in the end none of them were 100 percent correct."

For a chef who brings three generations of family heritage to his own culinary creations, history and authenticity are key ingredients. So, close enough wasn't good enough for Schwerd, who tracked down the original recipe in "*The Epicurean*", a complete encyclopedia on the culinary arts written by chef Ranhofer himself.

There, in the pages of this more than 100-year-old tome, Schwerd unlocked the secrets to properly preparing Recipe 1375, Delmonico Sirloin Steak – one of the greatest steaks in the history of American cuisine. Within the 1,183 pages Schwerd discovered the recipe calls for a Sirloin cut, not a Rib Eye as most chefs believe.

Preston's Delmonico is a thick, 10oz prime center cut top Sirloin. While the cut is critical, Delmonico is actually a method of preparation, and Schwerd follows Ranhofer's recipe with artistic detail to ensure every bite is authentically delicious. In fact, Schwerd's steak is truer to the original than the version served at the Delmonico restaurant today.

Preston's Steakhouse in Scottsdale, and its sister restaurant Arrowhead Grill in Peoria, are the only Valley restaurants serving this American culinary classic prepared according to chef Ranhofer's original 154 year old recipe.

"When someone comes in and orders a Delmonico from us, they're doing more than ordering a quality steak, they're stepping back in time," says Schwerd. Preston's Delmonico is a delicious bite of history served in a comfortable contemporary setting sure to delight the most sophisticated epicure and steak aficionado.
